

Safety Measures in Response to COVID-19 in Order to Maintain a Safe and Sanitary Environment

- It is recommended that Vessels carry on board masks, gloves, hand sanitizer and related items; which shall be made available to the crew that wants it.
- Participants should not attend if they have a fever, are feeling sick, have been in contact with someone who may have COVID-19, or have displayed any illness symptoms within the last 14 days.
- Participants should thoroughly wash hands with soap and warm water multiple times a day and avoid touching their face.
- Usage of Personal Protection Equipment (PPE) is highly recommended to help reduce the spread of airborne particulates. Participants are encouraged to remove the mask if they end up in the water to facilitate easier breathing and swimming.
- Participants should try to refrain from social gatherings before and after sailing.
- Common sailing safety procedures, such as capsizing recovery, man overboard, equipment breakdowns, etc. may require participants to come in close contact with others for short periods of time. This should only occur when absolutely necessary.
- Do not share life jackets, harnesses, water bottles, sunscreen, food, or any other personal items.
- Skippers should limit crew to their PHRF rating certificate to prevent unnecessary amounts of people interacting.
- Use caution, be courteous, and practice safe social distancing when passing by others on docks, ramps, slips, bridges and other tight locations.

NOTE:

The above guidelines were compiled from the CDC, US Sailing, and Gowrie Risk Report on Management of COVID-19 to ensure the health and safety of all participants.

Reduced Race Committee Makeup (if required)
4 and 5 Person Race Committee Duties with Sound Box and Prep Flag

5 people

1 - **Line Sighter** - stationed at the shroud to which the orange flag is tied. The orange flag should be tied on the shroud on the side of the boat closest to the start mark. Ideally, this person has a handheld VHF with which to notify boats that are over early.

Combine 2 and 3

2 - **Individual/General Recall Flag Person** - to signal over early boats and watch them come back to restart.

3 – **Spotter/Recorder** - writes down over early boats and helps recall flag person track each boat's restart status. **(1, 2 and 3 are stationed at and forward of the shroud for easy communications)**

4 - **Time Keeper / Horn Blower** keeps the official starting and finishing time (same watch for both starting and finishing) and calls out time using the sound box, which makes the audible (horn) sounds for the starting sequence. Direct the horns toward the fleet (aft) before the start and down the line at the start. Hold a handheld VHF in the on position in immediate proximity of the horns to broadcast the audible (horn) sounds on the radio.

5 – **Signaller/Prep Flag person** raises and lowers the prep flag.

6 – **Signaller/Fleet Flag person (becomes a second Spotter/Recorder at the finish)** raises and lowers the fleet flags. **(4, 5 and 6 stay together, usually towards the back of the boat, for easy communications)**

4 people

Combine 1, 2 and 3

1 - **Line Sighter** - stationed at the shroud to which the orange flag is tied. The orange flag should be tied on the shroud on the side of the boat closest to the start mark. ~~Ideally, this person has a handheld VHF with which to notify boats that are over early.~~

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5 – **Signaller/Prep Flag person** raises and lowers the prep flag.

6 – **Signaller/Fleet Flag person (becomes second Spotter/Recorder at the finish)** raises and lowers the fleet flags. **(4,5 and 6 stay together, usually towards the back of the boat, for easy communications)**